

REMEMBERING TO DO THINGS

Prospective-Retrospective Memory Questionnaire as described in:

Smith, G., Della Sala, S., Logie, R.H. & Maylor, E.A. (2000). Prospective and Retrospective Memory in Normal Aging and Dementia: A Questionnaire Study. *Memory*, 8, 311-321.

In order to understand why people make memory mistakes, we need to find out about the kinds of mistakes people make, and how often they are made in normal everyday life. We would like you to tell us how often these kind of things happen to you. Please indicate by ticking the appropriate box.

Please make sure you answer all of the questions on both sides of the sheet even if they don't seem entirely applicable to your situation.

Please provide the following details about yourself.	Age	_____	Male/Female	_____
How many year of formal education have you had?		_____		
Have you suffered from brain or head injury resulting in hospitalisation (Y/N)				_____
Please give brief details _____				

Please answer all of the questions as accurately as possible.

	Very Often	Quite Often	Sometimes	Rarely	Never
Do you decide to do something in a few minutes' time and then forget to do it?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you fail to recognise a place you have visited before?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you fail to do something you were supposed to do a few minutes later even though it's there in front of you, like take a pill or turn off the kettle?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Very Often	Quite Often	Sometimes	Rarely	Never
Do you forget something that you were told a few minutes before?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you forget appointments if you are not prompted by someone else or by a reminder such as a calendar or diary?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you fail to recognise a character in a radio or television show from scene to scene?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you forget to buy something you planned to buy, like a birthday card, even when you see the shop?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you fail to recall things that have happened to you in the last few days?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you repeat the same story to the same person on different occasions?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you intend to take something with you, before leaving a room or going out, but minutes later leave it behind, even though it's there in front of you?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you mislay something that you have just put down, like a magazine or glasses?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you fail to mention or give something to a visitor that you were asked to pass on?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you look at something without realising you have seen it moments before?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If you tried to contact a friend or relative who was out, would you forget to try again later?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you forget what you watched on television the previous day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you forget to tell someone something you had meant to mention a few minutes ago?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>